

Ricardo L. Rodriguez, MD

Plastic and Reconstructive Surgery
Medical Director, Cosmetic Surgery Facility, L.L.C.
Board Certified, American Board of Plastic Surgery
Board Certified, American Board of Surgery
Former Faculty, Yale University

CURRICULUM VITAE

PERSONAL

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Birth Date: February 22, 1955
Nationality: Puerto Rico
Citizenship: U.S.A.
Marital Status: Married, Leeza Ann Arango, 1985

LANGUAGES

English – speak/ write fluently, **French** – speak/write fluently, **Spanish** – speak/write fluently

EDUCATION

University of Wisconsin , Medical School	1976 - 1980
Colgate University , B.A. cum laude Honors French Literature	1972 - 1976

INTERNSHIP

Straight Surgery Charity Hospital, Tulane University	1980 - 1981
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RESIDENCY

Plastic Surgery Residency Stephan Ariyan, M.D., Chief Yale University, New Haven, CT	1986 - 1988
Resident Director Charity Hospital - Tulane University Emergency Room Service	1984 - 1985
Chief Resident Charity Hospital - Tulane University Department of Surgery	1984 - 1985
Resident General Surgery Charity Hospital - Tulane University Department of Surgery	1981 - 1984

FELLOWSHIPS

Visiting Fellow, Breast Surgery Claude Lassus, M.D. Nice, France	May 1990
Visiting Fellow, Reconstruction of Congenital Ear Defects Burt Brent, M.D. Palo Alto, CA	February 1990
Visiting Fellow, Department of Oral and Maxillofacial Surgery Professor Emil W. Steinhauser Erlangen University, West Germany	October 1989
Fellowship in Head and Neck Oncologic Surgery Senior Registrar, Professor G. Westbury, M.D, Academic Surgical Unit Royal Marsden Hospital, England	1985 - 1986

CURRENT LICENCES

- **Maryland**

ACADEMIC

Clinical Instructor Johns Hopkins University, Baltimore, MD	1991 - Present
Assistant Professor, Section of Plastic Surgery Yale University, New Haven, CT	1988 - 1991
Member, Admissions Committee Yale University Medical School, New Haven, CT	1990 - 1991
Moderator, Journal Club Plastic and Reconstructive Surgery Yale, New Haven, CT	1988 - 1991
Coordinator, Maxillo-Facial and Cleft Palate Clinic Yale New Haven Hospital, New Haven, CT	1989 - 1991
Chief of Plastic Surgery Veteran's Hospital, West Haven, CT	1989 - 1991
Instructor, Section of Plastic Surgery Yale University, New Haven, CT	1986 - 1988

PROFESSIONAL CERTIFICATIONS

Board Certification, American Board of Surgery	1988
Board Certification, American Board of Plastic Surgery	1992
Advanced Trauma Life Support Provider	Current

PROFESSIONAL SOCIETIES

International Federation for Adipose Therapeutics and Science (IFATS)	2009
The International Cellular Medicine Society, ICMS	2009
ASPS (American Society of Plastic Surgery)	1991 - Present
Sigma XI Scientific Research Society	1989 - Present
John Staige Davis, Maryland State Society of Plastic Surgery	1995 - Present
Educational Technologies Committee, ASPS	1993 - 2000
Baltimore County Medical Association Co-Chair, Legislative Committee	1992 - 2006
MedChi, The Maryland State Medical Society	1991 - Present

Lipoplasty Society	1996
Young Plastic Surgeons Committee, ASPS	1993

MEDIA

Baltimore Women's Journal, "Brazilian Butt Lift"	2009
Washington Post, "Cosmetic Surgery Goes Ethnic"	2007
Baltimore Magazine, Numerous articles	1993 to Present
Washington Post, "A Lift at Lunchtime"	2006
Maryland Public Television, "Lifting the Ban on Silicone Implants"	2006
Plastic Surgery Products, "Something to Talk About" (labiaplasty)	2006
Retirement Living, Health line segment on Abdominoplasty	2006
WBAL TV Baltimore, Summer Makeover "Brazilian Butt Lift"	2006
Plastic Surgery News, (ASPS Publication) Ethnic Topics and Plastic Surgery	2005
ENT Today, Endoscopic Browlift Procedure	2005
Baltimore Business Journal, "Largest Cosmetic Surgery Practices in the Baltimore area"	2000, 2001, 2002
Cristina Show, "Plastic Surgery" Latin America talk show broadcast to South America and Latin America	1996

APPOINTMENTS

Medical Director , Cosmetic Surgery Facility (AAAASF Accredited Free Standing Facility)	2008 - present
Chief, Division of Plastic Surgery, Greater Baltimore Medical Center GBMC Hospital Baltimore, MD	2002-2008
John Staige Davis Society , President Maryland State Society of Plastic Surgeons	2001 - 2003
ASPS Designated Spokesperson, Public Education Committee ASPS	2001- Present
Surgical Quality Assurance Committee GBMC Hospital, Baltimore, MD	1996 - 2008
Surgical Advisory Committee GBMC Hospital, Baltimore, MD	1996 - 2008
Med Chi Committee on Computers in Medicine	1996

Institutional Review Board Committee GBMC Hospital, Baltimore, MD	1994 - 2008
Co-Chairman, Legislative Committee Baltimore County Medical Association, Baltimore, MD	1994 - 2005
Associate Director, Wound Care Clinic GBMC Hospital Baltimore, MD	1993 - 2003
Sigma XI Surgical Research Society	1988 - Present
Young Plastic Surgeon - Vice Chairman, Marketing Telecommunications	1995 - 1997
Member, American Cleft Palate-Craniofacial Association	1988 - 1994
Sigma XI, Yale University	

RECOGNITION

ASPS Delegation to China (cultural and scientific exchange)	2008
Distinguished Service Award, ASPS (for educational contributions)	2004
Faculty Mentor, SNMA Yale Chapter	1991
First Prize, Resident Paper Connecticut Chapter, American College of Surgeons	1987
Honorable Mention, Resident Papers Connecticut Chapter, American College of Surgeons	1987

MAJOR RESEARCH INTERESTS

- Sensory testing modalities in peripheral neuropathy 1990 - 1994
- Perfusion of flaps with high energy phosphagen supplementation and assay of metabolic decay products by high pressure liquid chromatography 1988 - 1991
- Monoclonal assays of melanoma tumor antigens in human fetuses 1988

CLINICAL AREAS OF INTEREST

- Isolation and reinjection of fat derived stem cells
- Fat injection to irradiated and damaged tissue
- Developed a technique for reduction mammoplasty and mastopexy using a single vertical incision

- Salvage of large ulcers in diabetic feet with local flaps instead of free flaps, and retoration of sensation by neurolysis of posterior tibial nerve
- Instructor Multimedia: Computerized 3-D Analysis and Imaging of Human Anatomy

RESEARCH GRANTS

Position: Principal Investigator 1988
Source: OHSE Fund, Yale School of Medicine
Title: "Perfusion of Skin Flaps and Metabolic Assay"
Renewed: 1990

LECTURES

Subject: "Digital Photography for Plastic Surgeons"
Instructional Courses, ASPS Meeting 1999, 2000, 2001

Subject: "Closing of Surgical Defects"
Maryland Podiatry Residency Program 25th Anniversary Meeting
Baltimore, MD June, 1993

Yale University Hand Surgery Lecture Series:

"Principals of Tendon Transfer" April, 1991
"Rheumatoid Arthritis Surgery" April, 1991
"Nerve Repair" June, 1989
"Congenital Hand Deformities" April, 1988
"Tumors of the Hand (Skin)" March, 1987
"Hand Infection" October, 1986

Subject: "Vulgar Reconstruction Using Cutaneous Abdominal Wall Rotational Flaps"
New England Association of Gynecologic Oncologists, Sturbridge, MA June, 1990

Subject: "Aggressive Salvage of Diabetic Feet with Local Flaps and Neurolysis of Posterior Tibial Nerve"
Franklin Square Hospital, Baltimore, MD June, 1990
St. Joseph's Hospital, Baltimore, MD February, 1992
Park City Hospital, Bridgeport, CT January, 1991
St. Vincent's hospital, New York, NY July, 1990
Stanford University, Stanford CA June, 1990
St. Luke's Hospital, New York, NY June, 1990
Waterbury Hospital, Waterbury, CT April, 1990
Lawrence Memorial Hospital, New London March, 1990
Bridgeport Hospital, Bridgeport, CT February, 1990
St. Mary's Hospital, Waterbury, CT December, 1989

Subject: "Inhalation Injuries"
Annual Yale Burn Symposium June, 1989

Subject: "Applications of Laser for Blepharoplasty"
Symposium on Current Surgical Approaches in Ophthalmology
GBMC Hospital, Baltimore, MD February, 1998

Subject: "Trends, Treatment & Evaluations of Chronic Wounds"
GBMC Hospital, Baltimore, MD November, 1997

- Subject: "Use of Flaps in Wound Management"**
The Art and Science of Wound Management
Tucson, AZ
November, 1996
- Subject: "Skin Care Technology for Wound Coverage"**
The Art and Science of Wound Management
Tucson, AZ
November, 1996
- Subject: "Geometrical Analysis of the Breast Using 3-D Imaging Techniques"**
Sao Paolo, Brazil
June, 1994
- International Symposium on Plastic Surgery**
Stockholm, Sweden
August, 1993
- Symposium on Problems and Unfavorable Results in Aesthetic Surgery**
Nice, France
November, 1992
- Subject: "Vertical Reduction Mammoplasty with a Single Vertical Scar"**
"Advantages and Disadvantages"
Abstract Silver Anniversary Meeting, American Society of Aesthetic Plastic Surgeons
Los Angeles, CA
May, 1992

PUBLICATIONS

- Rodriguez, R.L., Batson, R.C., Kerstein, M.D.: Vascular Injury Association with Drug Abuse. Kerstein, M.D., Webb, W.R. Moulder, P.V. (eds.) Vascular Trauma, University Park Press, pp 108, 1985.
- Rodriguez, R.L., Kerstein, M.D.: Vascular Injuries. Emergency Medicine: Comprehensive Review, 2nd edition, Craves, P.C., Warner, C.G. eds. Aspen Systems Corporation, Rockville, MD, 1986
- Rodriguez, R.L., Kerstein, M.D.: Injuries of Peripheral Vessels, Webb, W.R., Kerstein, M.D., eds., Cardiovascular Emergencies, Aspen Publishers, Rockville, MD, pp 147, 1987
- Rodriguez, R.L., Short, D.H., Kerstein, M.D.: Selective Management of Arterial Occlusions with Low Dose Streptokinase, American Journal of Surgery, 151:343, 1986
- Rodriguez, R.L., Perry C., Soo, K.C., Shaw, H.J.: Total Glossectomy: Handicap or Help? American Journal, of Surgery, 154:415-418, September, 1987
- Rodriguez, R.L., Zide, B.M.: Reconstruction of the Medial Canthus, Clinic in Plastic Surgery, 15:2, pp255-262, 1988
- Rodriguez, R.L., Zide, B.M.: Reconstruction of the Medial Canthus, Seminars in Opthamology, 4:3, pp 191-198, September, 1989
- Rodriguez, R.L., Sumpio, B: Amelioration of Renal Ischemic Injury by Phosphocreatine. Journal of Surgical Research JAR, 51:4, p 271, October 1991 (Presented at the annual meeting of the Association of Academic Surgery, Houston, TX, October, 1990)
- Rodriguez, R.L., Meyer, A.,: Vulvar Reconstruction Using the SEPA Flap. Obstetrics & Gynecology 78.5, pp 964-968, November, 1991
- Rodriguez, R.L.: Vertical Scar Reduction Mammoplasty - Advantages and Disadvantages, Abstract Silver Anniversary Meeting, American Society of Aesthetic Plastic Surgeons, May, 1992

Rodriguez, R.L., Solomon, J.: Use of Vascular Shunts in Replantation. Presented at New England Society of Hand Surgeons, September 1988

Rodriguez, R.L., Ariyan S.A.: Vertical Scar Reduction Mammoplasty - Improved Contour with Less Scarring. (Manuscript submitted)

Rodriguez, R.L., Duray, P.: Presence of Melanoma Tumor Antigens in Humans Embryos.

Rodriguez, R.L., Mayer, A.: Flap Techniques as an Adjunct in Vaginal Fistalectomy. International Urogynecology Journal, 5:175-182, 1994

Personal Note

Dr. Rodriguez has been practicing Plastic Surgery for 20 years. He has performed thousands of Cosmetic and Reconstructive cases over the course of his career. These cases have included breast reconstruction, replants of fingers after traumatic injuries, skin grafting on burn patients and diabetics, as well as two decades of experience with the full spectrum of cosmetic surgery.

Unique Cosmetic Surgery Procedures

His practice is now dedicated exclusively to cosmetic surgery, performing unique procedures such as the brazilian butt lift, body lift, and lip lift, as well as traditional procedures such as breast augmentation and tummy tuck (abdominoplasty). Additionally he has worked years to refine fat processing and fat grafting techniques for the face, hands, butt and breast. Dr. Rodriguez combines a love of technology and new surgical techniques with a high respect for the "tried and true" plastic surgery techniques that have been practiced for decades.

Ivy League Training

Dr. Rodriguez was trained in Plastic Surgery at Yale University Medical School. After completing his Plastic Surgery Residency, he was invited to become a Professor of Plastic Surgery at Yale Medical School, where he taught residents reconstructive and cosmetic surgery procedures. Dr. Rodriguez is Board Certified by both the American Board of Plastic Surgery and the American Board of Surgery. In continuing with his academic dedication, Dr. Rodriguez currently serves as a clinical instructor in the Johns Hopkins Plastic Surgery Department, teaching residents of the Plastic Surgery Clinic.

International Fellowships

While teaching at Yale University Medical School, Dr. Rodriguez traveled to several countries to learn surgical techniques from internationally acclaimed plastic surgeons. In France, he trained with Dr. Claude Lassus, the plastic surgeon who innovated the vertical breast reduction technique in the south of France over 40 years ago. Dr. Rodriguez has incorporated Dr. Lassus's technique as his standard for breast reduction surgery. In England, Dr. Rodriguez was awarded a Fellowship in Head and Neck Surgery with Professor Westbury at the Royal Marsden Hospital in London, England.

Special Recognition by the ASPS

Dr. Rodriguez served as President of the Maryland State Society of Plastic Surgeons, John Stage Davis. He is a member of the American Society of Plastic Surgeons (ASPS). In 2004, he was honored by the ASPS with the "Distinguished Service Award" for his outstanding commitment to plastic surgery education.

Dr. Rodriguez is an "official ASPS spokesperson" and as such discusses plastic surgery issues with the media on behalf of the ASPS. In 2007, he was selected by the ASPS to be part of the US delegation of Plastic Surgeons who will travel to China in summer 2008. In China, he will share his surgical expertise with Chinese Plastic Surgeons. Throughout his career, Dr. Rodriguez has published many articles in medical journals and has been invited to lecture on various Plastic Surgery topics at the local, national and international level.

Educational CosmeticSurg Blog

In keeping with his philosophy of helping to educate you about cosmetic surgery topics, Dr. Rodriguez writes [a blog at his CosmeticSurg website](#). He writes about various procedures and responds to questions that he receives from readers.

On a Personal Note

Dr. Rodriguez supports various national and local charities involved in Cancer Research such as the Lance Armstrong Foundation. His hobbies are computing, sculpting, and biking. He is happily married for 24 years and has a daughter who is a graduate of Princeton and a son attending Yale.

Fully Trilingual

Dr. Rodriguez attracts patients from all over the world. He is fully trilingual speaking fluent Spanish, English, and French.